

Baby Bonding

Watch this short video of one of our Project Workers Ruth explaining Baby Bonding. You can practice it with your infant/toddler or child today.

Follow along with Ruth by downloading this Head, Heart and Hands Baby Bonding tip sheet. <https://www.barnardos.ie/media/7579/hhh-baby-bonding.pdf>

<https://www.youtube.com/watch?v=w5jkXZljjLE>